

Botox

What to Expect During Consultation/Treatment

- You will be asked basic medical history questions.
- The doctor will perform a facial analysis and discuss your treatment goals.
- Pre-treatment photographs may be taken.
- You should avoid applying makeup prior to your treatment.
- You should avoid blood thinners (aspirin, Plavix, Coumadin, Xarelto, Eliquis, etc.) several days prior to your treatment. Please consult with your prescribing physician prior to stopping these medications.
- The skin overlying the treatment area will be cleaned with alcohol.
- The injection will be performed with a very small needle that causes minimal pain.
- You can expect 5 – 20 injections based on the desired treatment area.
- You may request an ice pack for the treated areas.

Post-Treatment Instructions

General Instructions

- Avoid exposing scars to the sun for at least 12 months.
- If sun exposure is unavoidable, use strong sunblock (SPF 30 or greater).
- You may wear makeup with sunblock protection.
- Stay out of the sun until redness and bruising subside (48 hours).
- Patients should avoid aspirin and non-steroidal anti-inflammatory drugs (Motrin, Advil, St. John's Wart) or high doses of Vitamin E supplements for 7 – 14 days prior to injection because these substances can increase bleeding or bruising.

Diet

- You may resume your regular diet.

Activity

- Gently exercise the muscles that were treated by using facial expressions (frowning, smiling, raising the eyebrows and squinting) for the first hour.
- Avoid lying down, strenuous activity or bending over for 3 hours as these could potentially cause the injection to migrate.

How Should I Feel?

- Temporary stinging, throbbing, burning, redness, swelling or bruising may occur.
- Headache is common; take Tylenol for relief (do not take aspirin or ibuprofen products).
- Redness/bruising usually lasts 48 hours.
- The clinical effect will occur between 5 days and 2 weeks following injection.
- In rare instances, drooping of the eyelid or asymmetry of facial expression may occur.
- The effects of the injection are completely reversible; any side effects are temporary, lasting only a few weeks.

How Long Does it Last?

- On average, the effects last 3 – 6 months

Follow-Up

- A follow-up appointment should be made for 2 weeks after treatment.
- There are no activity restrictions (except those noted above for a few hours after injection).
- You may schedule a return visit every 3 – 6 months to maintain results.

Call the Office If:

- You experience increased swelling or bruising.
- Swelling and redness persists beyond 72 hours.
- You experience severe or increased pain.
- You develop a rash, nausea, headache or start vomiting.
- You develop a temperature over 100.4 degrees.
- You experience drooping of the eyelid.

