

## Botox/Dysport

### What to Expect During Consultation/Treatment

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You will be asked basic medical history questions.

The doctor will perform a facial analysis and discuss your treatment goals.

Pre-treatment photographs may be taken.

You should avoid applying makeup prior to your treatment.

You should avoid blood thinners (aspirin, Plavix, Coumadin, Xarelto, Eliquis, etc.) several days prior to your treatment.

Please consult with your prescribing physician prior to stopping these medications.

The skin overlying the treatment area will be cleaned with alcohol.

The injection will be performed with a very small needle that causes minimal pain.

You can expect 5 – 20 injections based on the desired treatment area.

You may request an ice pack for the treated areas.

### Post-Treatment Instructions

#### General Instructions

Avoid exposing scars to the sun for at least 12 months.

If sun exposure is unavoidable, use strong sunblock (SPF 30 or greater).

You may wear makeup with sunblock protection.

Stay out of the sun until redness and bruising subside (48 hours).

Patients should avoid aspirin and non-steroidal anti-inflammatory drugs (Motrin, Advil, St. John's Wart) or high doses of Vitamin E supplements for 7 – 14 days prior to injection because these substances can increase bleeding or bruising.

#### Diet

You may resume your regular diet.

#### Activity

Gently exercise the muscles that were treated by using facial expressions (frowning, smiling, raising the eyebrows and squinting) for the first hour.

Avoid lying down, strenuous activity or bending over for 3 hours as these could potentially cause the injection to migrate.

#### How Should I Feel?

Temporary stinging, throbbing, burning, redness, swelling or bruising may occur.

Headache is common; take Tylenol for relief (do not take aspirin or ibuprofen products).

Redness/bruising usually lasts 48 hours.

The clinical effect will occur between 5 days and 2 weeks following injection.

In rare instances, drooping of the eyelid or asymmetry of facial expression may occur.

The effects of the injection are completely reversible; any side effects are temporary, lasting only a few weeks.

#### How Long Does it Last?

On average, the effects last 3 – 6 months

#### Follow-Up

A follow-up appointment should be made for 2 weeks after treatment.

There are no activity restrictions (except those noted above for a few hours after injection).

You may schedule a return visit every 3 – 6 months to maintain results.

#### Call the Office If:

You experience increased swelling or bruising.

Swelling and redness persists beyond 72 hours.

You experience severe or increased pain.

You develop a rash, nausea, headache or start vomiting.

You develop a temperature over 100.4 degrees.

You experience drooping of the eyelid.